



# ARPAN LAMSAL

## ABOUT ME

Motivated and hardworking student with strong interest in technology, communication, and learning new skills. Able to work well in teams, handle responsibilities sincerely, and adapt quickly to new environments. Passionate about IT and problem-solving with basic knowledge of computer applications and programming. Looking for opportunities to gain experience and grow professionally.

## EDUCATION

### SEE (Class 10)

Panchamunidev Secondary School  
2080

### +2 Science

Shishu Niketan Sec. English School  
2083

## SKILLS

- Communication
- Presentation
- Leadership
- Canva
- Web Development

## LANGUAGES

- Nepali
- English
- Hindi



Nepalese



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Harinas-2, Chisapani, Syangja



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## EXPERIENCE

### MEDIA HEAD

July 2026 - Present

*Interact Club of Pokhara Lakeside*

Managing the club's social media, branding, promotional content, and event documentation while collaborating with the Board of Directors to strengthen the club's digital presence and community engagement. Contributing to the development of the club's official website.

## VOLUNTEERING

### AI CAREER TALK-2026

20<sup>th</sup> June 2026

AI Community in Nepal

## TRAINING

### 10-DAYS ARTIFICIAL INTELLIGENCE (AI) TRAINING

02<sup>nd</sup> to 12<sup>th</sup> June 2026

Swift Academy X Pokhara Metropolitan City Ward no.17

### 2-DAYS BOOTCAMP ON AI PROMPTING AND VISUAL DESIGN

15<sup>th</sup> to 16<sup>th</sup> June 2026

La Grandee International College X Genex Academy